

Corporate Profile



ADAM & EVE

SPECIALIZED MEDICAL CENTRE

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ADAM & EVE

COSMETIC MEDICAL CENTER

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Abu Dhabi, United Arab Emirates
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Vision Statement

- Leadership through excellence in healthcare with care & compassion.

Mission Statement

- We believe that Al Zaabi Healthcare has a commitment to the community & define our mission accordingly as:
- Providing competent, innovative & affordable solutions for healthcare needs.
- Promoting wellness & healthcare awareness.
- Advancing excellence in therapeutic & preventive medicine.
- Demonstrating social responsibility by choosing & properly using sustainable resources.
- Fostering a participative culture with a common vision.
- Contributing to better quality of life for the entire community.

Where Health Meets Care

Al Zaabi Healthcare is committed to achieve excellence in healthcare. Apart from being a Specialized Medical Centre we aim to be a centre of excellence handling all medical specialties & delivering comprehensive state-of-the-art solutions in healthcare at an affordable cost.

Being patient-friendly is our philosophy. We aim to harmonize therapeutic expertise with technological advancements & professional care with personal attention to offer our patients true value & reassurance.

A member of Saeed Al Zaabi Group of Companies, Adam & Eve upholds the corporate core values of quality, integrity & reliability. Focused on providing primary care as well as preventive medical services we offer a range of healthcare packages to match all patient needs & are continuously upgrading ourselves to serve the region's changing healthcare requirements.

Our Departments

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|  Paediatrics |  Laser Treatment |
|  Internal Medicine |  Cosmetic Treatment |
|  ENT Department |  Orthopaedic |
|  Dental Department |  Physiotherapy |
|  Family Medicine |  Gynaecology |
|  General Medicine |  X-Ray |
|  Dermatology |  4D Ultrasound |
|  Skin Treatment |  Laboratory |



Our Doctors



Dr. Shajahan Mohammed
Paediatric Department
Medical Director - AESMC



Dr. Musab Elshair
Dental Department
Medical Director - AECMC



Dr. Prathibha Johnz
General Dentistry



Dr. Mai Mahmoud Zriki
Dermatology



Dr. Manal Chafchak
Medical Aesthetic



Dr. Rania Ayoub Makhoul
Cosmetic Dentistry



Dr. Soumya Simon
Paediatric Dentistry



Dr. Azeem Abdul Salam
Internal Medicine



Dr. Teddy Thomas
ENT Department



Dr. Meena S Murjani
Family Medicine



Dr. Prasanna S
General Medicine



Dr. Naresh Babu
General Medicine

Family Medicine

General Medicine Department has set new standards in healthcare with a reassuring blend of competence with personalized care. Our expert medical & para-medical staff is well qualified & experienced in handling major & minor ailments ensuring a faster return to health.

- Chronic conditions like Diabetes & Hypertension
- Hyperlipidemia & Obesity
- ECG Monitoring
- Upper Respiratory Infections
- Lower Respiratory Infections & Asthma
- Fitness Certification
- Minor Surgical Procedures, Ear Piercing
- Suturing & Dressing of wounds
- General Physical Check-up
- Hygiene, Diet & Lifestyle Modification
- Incision & Drainage of Abscess
- Special Corporate Packages



Internal Medicine

Our Department of Internal Medicine is geared to provide the finest treatments for the prevention, diagnosis & treatment of adult diseases. We assist patients with chronic conditions & help them to manage their health through comprehensive, compassionate & continuous primary care.

Regain your optimal wellness through the services we offer

- Screening & treatment of hormonal disorders with special emphasis on thyroid.
- Screening with ECG for heart disorders.
- Assess lung function by PFT (Pulmonary Function Test)
- Screen for kidney stones & Cystic kidney disease using ultrasound & advise appropriate management.
- Detection of fatty liver & gall bladder stones using ultrasound & advise relevant treatment.
- Detection of chest infections including pneumonia & tuberculosis by judicious use of chest X-ray.
- Pre-employment screening & issue fitness certificate.
- Screening for occupational health disorder.
- Acute care in emergencies like Bronchial Asthma with Oxygen & Nebulisation.
- Management of back-pain & joint disorders with referral to Physiotherapy in appropriate cases.
- Screening & treatment of peripheral neuropathy & vitamin B12 deficiency.



Paediatric Department

Department of Paediatrics is a trusted destination for management of paediatric problems of every dimension. Our qualified & well trained team of professionals extend the utmost care with compassion handling sensitive issues of the young patients from contingent to chronic.

- Normal congenital diseases
- Management of feeding disorders in children
- Treatment of common & seasonal infections in children
- Growth monitoring
- Vaccination & Nutrition Services
- General Paediatrics Psychiatry & Mental health
- Routine check-ups & child care, including immunizations
- Care for the new born infants
- Diagnosis & treatment of acute illnesses
- Assessment of school age children

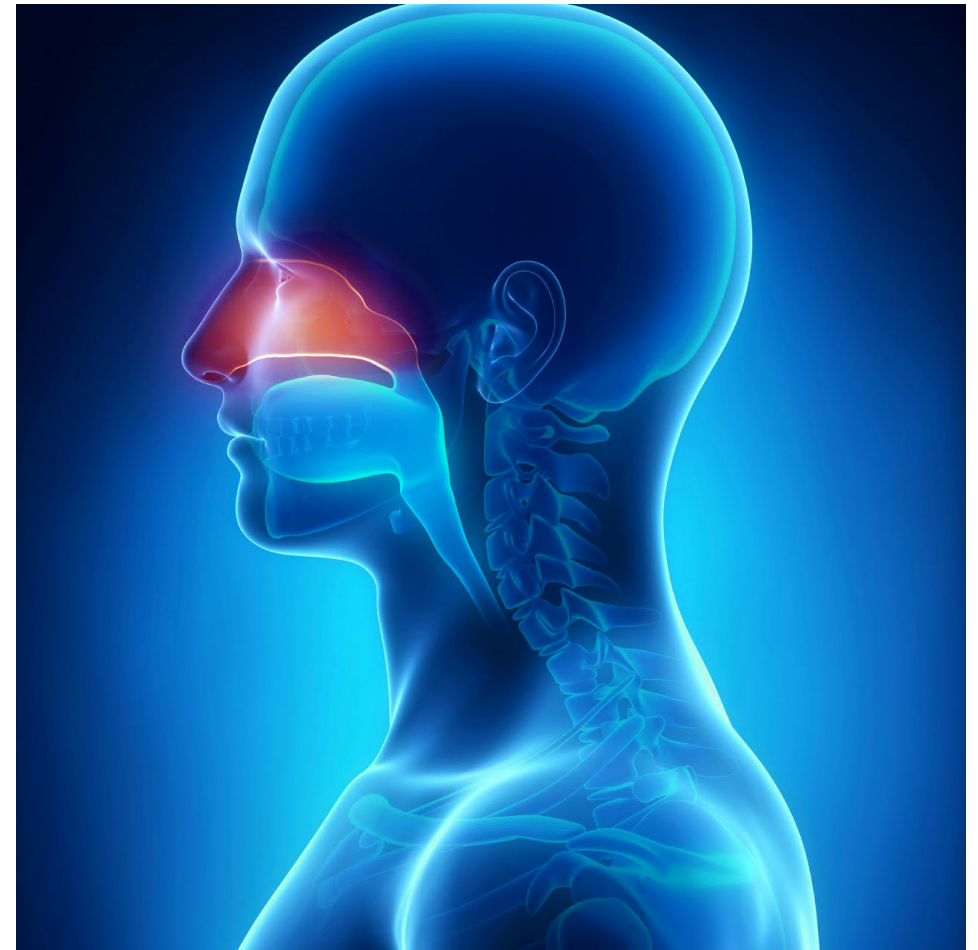


ENT Department

The Department of ENT at AESMC provides competent individualized care to the most common ENT problems. ENT Department ensures state of the art treatment modalities to each & every individual at AESMC.

The facilities & services provided by the department are:

- Diagnostic Nasal Endoscopy
- Diagnostic Laryngoscopy
- Diagnostic Otoendoscopy
- Control of Epistaxis
- Foreign Body Removal from Ear, Nose & Throat
- Vestibular Functional Assessment
- Hearing Assessment



Dental Department

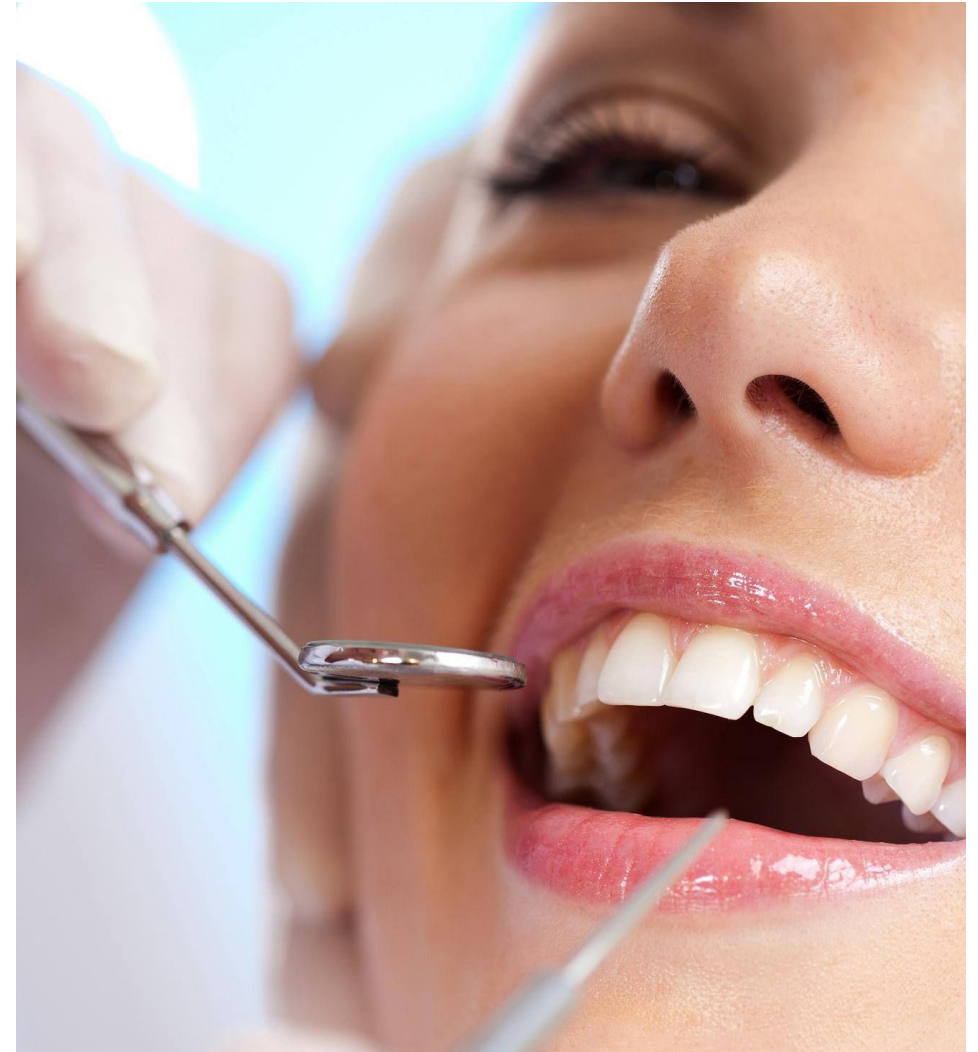
Adam & Eve SMC Department of Dental Medicine is fully fledged to offer the most advanced facilities in dental health manned by expert professionals.

Treatment Procedures

- Dental Check-Up & X-ray
- Tooth Fillings
- Tooth Extractions
- Preventive Dentistry (Pit & Fissure Sealant)
- Root Canal Treatment
- Scaling & Polishing
- Replacement of Missing Tooth
- All Paediatric Dental Treatments

Cosmetic Procedures

- Hollywood Smile (Veneers & Lumineers)
- Laser Teeth Whitening
- De-Pigmentation of Gums
- Zoom Whitening Technique
- Dental Jewelry



Dermatology

Our Dermatology department deals with skin, nails, hair and their diseases. The Department of Dermatology provides comprehensive clinical and cosmetic dermatology care.

It offers specialized treatment for all clinical/general dermatological problems including disorders of the skin, hair and nail and venereal diseases and also advanced cosmetic dermatology services for management of problems like acne, scars, pigmentation, vitiligo, hair loss, moles, warts, skin tags, corns, calluses and ageing skin. Our trusted specialists provide professional and personalized services to minimize the negative impact of these disorders, leading to improved outcome and quality of life.

Treatment Procedures

- Acne scar treatment – Micro needling, Chemical peel treatments and Acne scar surgeries.
- Radio surgery for benign conditions such as warts, moles and skin tags.
- Cryosurgery for conditions such as warts and keloids.
- Auto-implantation therapy for the treatment of multiple viral warts.
- Intra-lesional therapy for the treatment of keloids and alopecia areata.
- Excision of benign and malignant skin lesions including narrow hole extrusion therapy for cysts and lipomas.

Chemical Peels

Cosmetic Therapy – Chemical Peels for acne, pigmentation and photoageing;
Anti-aging treatments like Botulinum Toxin and filler injections;
Mesotherapy for hair loss; under eye dark circles and facial rejuvenation; and scar revision techniques.



Cosmetic Treatments

AquaFacial

AquaFacial is multistep treatment that combines the benefits of next-level hydra dermabrasion, a chemical peel, automated painless extractions and a special delivery of Antioxidants, Hyaluronic Acid and Peptides

It removes dead skins cells and impurities simultaneously bathing the new skin with cleansing hydrating serums. The treatment is soothing, refreshing, non-irritating and immediately effective.

The leading aesthetic practitioners agree the AquaFacial, award-winning technology, advances non-ablative non-laser skin rejuvenation like no other. In published clinical studies by leading US doctors AquaFacial was shown to yield better results than IPL and other common skin treatments for facial rejuvenation and improving the tone and texture of the skin.

AquaFacial Benefits

- It offers radiant and smooth skin tone
- It carefully improves the appearance of fine lines and wrinkles
- It reduces hyperpigmentation and brown spots
- It improves the appearance of oily and acne-prone skin
- It also tightens large pores.



Laser Treatments

Laser Hair Removal

LASER hair removal is a medical procedure that uses a LASER to remove unwanted hair. During LASER hair removal, a LASER beam passes through the skin to hair follicles. The intense heat of the LASER damages the hair follicle, inhibiting future hair.

Treatment Benefits

Laser hair removal at home is also an option that many consider but remember it's not the laser as much as it is the technician that determines how successfully your treatment is. When you have experts and experienced doctors at your disposal for laser hair removal why take the risk and invest that much money in the devices when you do not have the experience of using them. Listed below are a few.

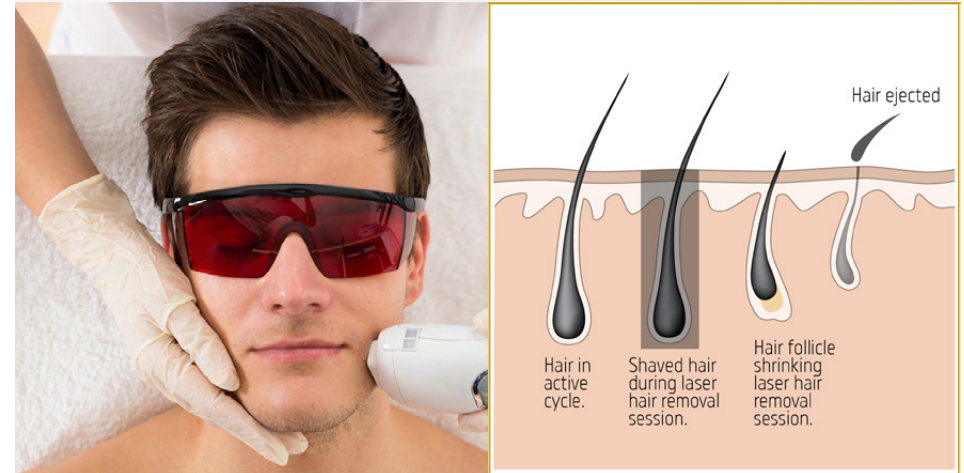
Precision: Superb technology enables the technician to target dark rough hairs on the body without harming the skin.

Safety: It's well known to be a virtually pain free and medically safe procedure.

Swiftness: Using swift pulses of light, the laser can treat an area the size of a coin in less than second. Areas on the face are treated in a matter of minutes while the largest areas such as the back or legs may take up to an hour.

Convenience: Results are permanent in patients who appear for multiple sessions.

Laser Hair Removal for all Skin Types



Aesthetic Treatments

Aesthetic Medicine:

Inclusive for specialties that focus on improving cosmetic appearance through the treatment of conditions may utilize a combination of both. Although aesthetic medicine procedures significantly improve quality of life, psychological wellbeing and social function.

- All skin types and conditions treatments (acne and acne scars, rosecea, pigmentations, brightening and whitening, hydrating anti aging)
- Injections of botulinum (Botox)
- Injection of dermal fillers
- Cryotherapy (skin tags, warts)
- Chemicals peels
- Laser hair removal (IPL, Alexanderite, Nd-Yag laser...)
- Laser therapy for scars and stretch marks
- Laser treatments for body and face spider vein
- Radio frequency skin tightening
- Body slimming and cellulite
- Mesotherapy
- Electrolysis and PRP for face rejuvenation, hair loss and cellulite
- Microneedling (semi permanent make up)
- Microdermabrasion
- Hydra treatments



Cosmetic Dentistry

Our Cosmetic Department ensures state of the art treatment modalities to each & every individual at AECMC.

- Hollywood Smile(Veneers)
- Teeth Bleaching (ZOOM)
- Bridge (Zircon, Porcelain fused to Metal)
- Crowns (Zircon, Porcelain Fused to Metal)
- Inlays (Porcelain Fillings)
- Dentures [Complete & Partial (Metal Framework, Acrylic)]
- Composite Filling
- Night Guard
- Root Canal Treatment
- Elimination of Gum pockets
- Treatment of Gum Recession
- Scaling & Polishing
- Tooth Extraction
- Treatment of Bad smell mouth
- Special Gum care for Pregnant & Diabetic patients
- Pedodontics
- X-Ray

HOLLYWOOD SMILE TREATMENT

Before



After



Promptness is paramount in healthcare. We associate with all leading medical insurance companies in the region to guarantee you easier access, faster approvals & hassle-free quality medical coverage.





Al Zaabi Group

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